

Park-2-Park Montana 2009 Volunteer Form

A fundraiser for CASA of Montana - Sept. 7-11, 2009

To enter, please complete this form and return it to CASA of Montana. One VOLUNTEER per form. Copies of entry form are acceptable. **Please print legibly.**

FOR VOLUNTEERS ONLY!

Last Name		First Name		Age
Address				Gender
City		State	Zip	
Phone daytime: ()		evening: ()		E-mail

Emergency Contact – Please list someone NOT on the Park-2-Park Montana ride.

Name	Relationship	Phone ()
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We appreciate your willingness to help with Park-2-Park Montana. Any contribution you can make to help offset costs during the ride will be appreciated. A contribution is not required to be a volunteer, but it helps cover expenses, particularly for volunteers needing overnight accommodations and meals. All volunteers will receive a ride T-shirt.

<input type="checkbox"/> My contribution to CASA of Montana	\$
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T-shirt size: Small Medium Large X-Large XXL

Representation and Acknowledgement:

I hereby represent that I am in good physical condition to volunteer for this ride. I will follow the directions of the ride leader and CASA staff and do my best to ensure the safety of all participants.

Release from Liability:

In consideration of the acceptance of the registration, by signing this release (parent or guardian, if registrant is under 18 years of age), I hereby release for myself and my kin, and waive any claims of action against CASA of Montana and Helena Bicycle Club, its officers, directors, members, agents and all other persons or entities from all liability arising out of any injury to persons or property, and any loss, damage or expenses arising out of my participation in this ride.

Application is not valid without signature!

Signature of Participant	Printed name	Date
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Pledges and support: Volunteers are encouraged to help raises pledges in support of Park-2-Park Montana. A pledge form will be provided.

Registration: We will have a pre-ride gathering at **5 pm on Sunday, Sept. 6th at the KOA campground in St. Mary**. There will also be a **volunteer meeting** that afternoon to go over the route, volunteer duties and assignments.

Baggage and Bikes: We will have a vehicle to carry baggage. Please limit gear to one medium bag (under 30 pounds please), plus sleeping bag.

Sag wagon: Support services will be available for basic mechanical problems along the route. We can also ferry riders for portions of the trip if necessary.

Overnight Accommodations: We plan to sleep in a community center one night and motels on three nights. This is a moderately supported ride where we haul rider gear, provide route information, sag support and provide meals. Participants will be asked to help with meal preparation on some nights and cleanup of facilities as needed. Please be prepared to contribute to the success of the ride for all riders.

Special skills or training: Please let us know if you have any first aid or CPR training, skills such as driving a truck and trailer, bike maintenance, etc.

Meals: Breakfast, lunch and dinner will be provided Monday through Friday, dinner on Sunday. Snacks are available in support vehicles along the ride route. Meals will be simple but hearty and will be geared toward cyclists. Please list any special diet needs: _____

Mail form and payment to:
CASA of Montana, PO Box 1046, Helena, MT 59624

Park-2-Park Montana

Sept. 7-11, 2009

Park-2-Park Montana is a multi-day bicycle ride in support of CASA of Montana, an organization that represents abused and neglected children in the court system. The goal is to raise money as well as awareness and publicity for CASA of Montana and CASA programs statewide.

Each rider must raise at least \$250 in pledges above their registration fee! Pledges are tax deductible, but the registration fee is not.

Any rider raising \$800 will receive a special ride jersey. Our goal for this year is to raise \$50,000 for CASA of Montana.

The fifth annual ride is planned for Sept. 7-11, 2009. The route will take cyclists from the KOA campground in St. Mary – on the eastern side of Glacier National Park – down along US 89 through Dupuyer, Choteau, Great Falls, White Sulphur Springs and Livingston and conclude at Gardiner near Yellowstone National Park.

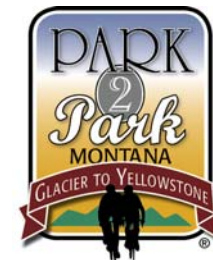
The route is approximately 400 miles, with daily ride distances of 55-108 miles.

Riders will gather at the St. Mary KOA on Sunday, Sept. 6. **(Riders who have not ridden a group ride should plan to arrive by noon for a practice ride).**

A rider dinner and meeting is scheduled for **Sunday night at 5 pm** and the ride will kick off early Monday. This is a basic supported ride and we will have vehicles to carry equipment and food, as well as support vehicles in case of problems. The ride will conclude about 3 pm on Friday, Sept. 11th in Gardiner.

Registration for the ride is **\$450** if registered by July 15. **Cost after July 15 is \$550.** No refunds after Aug. 15. Final registration deadline is Aug. 15. There will be no on-site registration.

Registration includes meals from Sunday dinner through Friday lunch, four nights lodging (three nights in motels and one night in a community hall), support vehicles, some snacks, etc. Riders will pay for their own lodging on Sunday, Sept. 6th in St. Mary and on Friday, Sept. 11 if staying over at Gardiner. Special hotel rates will be available.



Transportation to the start and home from the finish are the responsibility of the rider. Riders are also responsible for their own snacks, etc.

The ride will be limited to 50 riders.

Park-2-Park Montana route -

- **Sunday, Sept. 6 – St. Mary KOA
Rider meeting and dinner**
- **Monday, Sept. 7 – Dupuyer
Community Center**
- **Tuesday, Sept. 8 – Great Falls Inn**
- **Wednesday, Sept. 9 – White Sulphur
Springs**
- **Thursday, Sept. 10 – Livingston**
- **Friday, Sept. 11 – Gardiner**

For more information contact:

- Rick Bush, ride coordinator, at 406-495-8061 – rebush@bresnan.net or
- CASA of Montana – 1-866-863-2272 406-443-2448 or info@casagal.org

Visit www.park2parkmontana.org for more information or www.casagal.org to pay by credit card, for a pledge form and for more information.

Special thanks to Helena Bicycle Club for supporting the Park-2-Park Montana ride.