

Park 2 Park Montana 2012 Gear List

Please limit your luggage to one medium bag (no more than 30 pounds), sleeping bag, pad, & pillow. Baggage space is limited. Need for tents will be determined after you register.

To carry each day with you:

- Cycling helmet, ANSI-approved (MANDATORY)
- Rear view mirror (Highly recommended)
- Red tail light (Highly recommended)
- Cycling gloves
- Handlebar or seat bag
- Frame-mounted bicycle pump or CO2 inflator
- Spare tube, tire tools, patch kit
- Snacks for your ride--especially those specific to your needs & not available along the route
- 2 Large water bottles
- Bike computer
- Bicycle (of course)

Clothes for riding:

- Cycling shorts – 3 suggested; laundry facilities available along route
- Cycling shirts or jerseys – 3 suggested
- Tights or leg warmers
- Arm warmers
- Rain jacket, shoe covers, etc.
- Biking socks – 2-4 pair
- Riding shoes
- Sunglasses

In your luggage or for sag wagon:

- Sleeping bag
- Air mattress or sleeping pad
- Pillow
- Flashlight with fresh batteries
- Bike lock & cable (optional-bikes allowed in sleeping rooms)
- Spare tire (we carry tires unless yours is a unique size)
- Medication/pain reliever
- Small first-aid kit (bandaides, etc.)
- Bandanas
- Swim suit (KOA & Fairmont Hot Springs)
- Off bike clothes – shirt, shorts/slacks, shoes, socks, underwear
- Zip-lock bags for clothes
- Insect repellent

- Identification or driver's license
- Medical insurance card
- Camera, film, fresh batteries
- Sun screen & lip-balm
- Foam ear plugs for sleeping
- Toilet paper
- Kleenex packs
- Money
- Credit card/spare check
- Cell phone & charger (some dead spots on this route)
- Hat
- Toiletries—soap, toothbrush, toothpaste, floss, comb, brush, shampoo, deodorant, razor, mirror, nail clippers, lotion
- Sunglasses
- Baggage, distinctively labeled or painted
- Chamois butter or cream
- Sense of humor
- Patience

Optional items:

- Plastic seat cover
- Warm-up suit
- Flip-flops/shower shoes
- Campho-Phenique or Blistex
- Small screwdriver or bike tools
- Bike lube
- Hand cleaner, rag
- Plastic tape
- Extra nuts/bolts
- Notebook & pencil
- Bicycle serial number
- Large plastic bag
- Fanny pack
- Stamps for postcards, address cards
- Alarm clock
- Sewing kit
- Shower bag
- Spare pair of glasses
- Something to read

(List adapted from other multi-day supported rides.)